

Center Point



June/July
2007

A newsletter brought to you by the Comstock Community Center

Summer safety guide: Information you need for a safe, healthy season

Keeping your kids safe, healthy and happy 365 days a year is challenging. Each season brings its own set of concerns. Summer tends to be the most injury-prone season, according to the National Safe Kids Campaign. No school, good weather and more unsupervised activity contribute to a higher number of injuries. Here's some information regarding health and safety issues your family may encounter this summer, whether you're hiking, biking, boating or floating.



Sun Safety Everyone is at risk for skin cancer, but especially people with light skin color, light hair or eye color, a family history of skin cancer, chronic sun exposure, a history of sunburns early in life, or freckles, according to the American Cancer Society. Rays from artificial sources of light such as tanning booths also increase the risk of skin cancer. **What you can do:** Remember to limit sun exposure, wear protective clothing, and use sunscreen. Sunscreen should be applied 30 minutes before going outdoors and reapplied at least every two hours. Use water-resistant sunscreen with a sun protection factor (SPF) of 15 or higher. Some medications can increase sensitivity to the sun. Examples are tetracycline antibiotics, sulfonamides such as Bactrim, non-steroidal anti-inflammatory drugs such as ibuprofen. Cosmetics that contain alpha hydroxy acids (AHAs) may also increase sun sensitivity and the possibility of sunburn. According to the American Academy of Dermatology (AAD), along with regularly using sunscreen, it's smart to wear wide-brimmed hats and seek shade under a beach umbrella or a tree. Sunscreens alone may not always protect you. And don't forget sunglasses, which protect the sensitive skin around the eyes and may reduce the long-term risk of developing cataracts.

Bee Stings In the summer of 2003, the Nebraska Poison Center in Omaha received a call about a 4-year-old girl who was stung on the tongue by a bee while sipping from a soda



can. She was treated in the emergency room for swelling not only to the tongue, but to her lips and up to her eyes. Most reactions to bees are mild, but severe allergic reactions lead to between 40 and 50 deaths each year. An allergic reaction can occur even if a person has been stung before with no complications. **What you can do:** To keep bees away, wear light-colored clothing and avoid scented soaps and perfumes. Don't leave food, drinks, and garbage out uncovered. Treat a bee sting by scraping the stinger away in a side-to-side motion with a credit card or fingernail, and then washing the area with soap and water. Pulling the stinger or using tweezers may push more venom into the skin. For any bug bite or sting, ice or a cold compress and OTC pain-relieving creams or oral medications can help. Watch for signs of allergic reaction to stings, which typically happen within the first few hours.

Burns From Fireworks and Grills The U.S. Consumer Product Safety Commission estimates that about 8,800 people were treated in emergency rooms in 2002 for injuries associated with fireworks. Most injuries involved the hands, head, and eyes. **What you can do:** Stick with public firework displays handled by professionals. Children should always be closely supervised when food is being cooked indoors or outdoors. Be aware that gas leaks, blocked tubes, and overfilled propane tanks cause most gas grill fires and explosions. Generally, minor burns smaller than a person's palm can be treated at home. But burns bigger than that usually require emergency treatment. For a minor injury, run cool water over it and cover it with a clean, dry cloth, don't apply ice, which can worsen a burn. Don't apply petroleum jelly or butter, which can hold heat in the tissue. Consult your family doctor if a minor burn does not heal in a couple of days or if there are signs of infection, such as redness and swelling.

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Supporting Your Community is Good Business

The Comstock Center Point newsletter needs the support of local business and organizations. Your ad in the Center Point supports this community and builds a stronger bond with more than 8,000 potential customers, who in turn support your business. To advertise in the Comstock Center Point, please call the Community Center 345-8556.

Notes from the Director

Dear Friends and Members:



We have turned the corner and are now gearing up for the summer activities. School will soon be out and of course we need to watch out for all the children who are now outside. Make sure to check out some of the new activities that we will have available at the center. We have pastel painting being offered, a grandparent's day and our second annual bun run.

This year the Comstock United Way will be returning to the past with the "Comstock Ox Roast" old-fashioned picnic, August 25, 2007, and a Whoop De Do Parade on the same day. This is a way to bring the community together. There will be food, fun, games and activities for the entire family. The events will be at Merrill Park. If you know someone who would like to have a table, play a game call Virginia Hudson 553-0481 or Mary Gustas 345-8556 for more information. The funds raised by the Comstock United Way return to many organizations and activities in the greater Comstock area. The Comstock Community Center is pleased to be able to be a participant in this venture and hopes to see many of you there.

Have a wonderful summer and come see us!

Mary T. Gustas
Executive Director

Comstock Community Center Seeks New Board Members

The Comstock Community Center is currently seeking individuals who are interested in serving on the Board of Directors. The Board meets eleven (11) times a year on the second Wednesday of the month at 5:30 PM. Additional meetings are associated with committee assignments and typically meet on a quarterly basis. The Terms are for two years.

Individuals who would like more information on this position should call 345-8556 and request the CCC board Application Packet.

COMSTOCK COMMUNITY CENTER'S 2nd ANNUAL BUN RUN



Meet us at the Center (6330 King Hwy.,)
We'll ride in a pack of motorcycles to
Saugatuck have lunch at Butlers
And get a colorful t-shirt all for \$25.00
Saturday, June 30, 2007, 10:00 a.m.
Call 269-345-8556 to register

MISSION STATEMENT

Comstock Community Center develops resources and provides a setting for education, recreation, social events, human services and life-long learning activities to enhance the lives of community members and build a healthier community.

Center Staff

Mary T. Gustas, Executive Director
Nola Harlan, Account/Data Manager
Sue Benson, Office Manager
Lorie Peterson, Sr. Program Coordinator
Judi Dafeo, Travel Coordinator
Carolyn Kuester, Volunteer Coordinator
Joe Gall, Maintenance Supervisor
Kelly Moore, Director Youth/Child Services
Shay Mavis, Asst Director Youth/Child Svc
Jeremy Smith, P-T Coordinator
Melissa Pearson, K.K. Teacher
Rebecca Dickie, K.K. Teacher

Board of Directors

Ted Fiebigler, President
Jackie Wahl, Vice-President
Jan O'Halloran, Recording Secretary
Sandy Scrote, Treasurer
Dorothy Bourner, Emeriti
Tom Crump
Virginia Hudson
Reginald Kissinger, Jr.
Norm Shanahan
Gary Thomas
Joe VanBruggen
Donna Calvaruso
Janice Jarrett

ADULT SPECIAL EVENTS

Pastel Painting:

5 week session taught by Heather McGill. Friday's June 15, 22, 29 and July 6, 13. Cost for class series is \$25 and approximate cost for supplies is \$18. Please call Heather at 341-9795 to register and get a list of supplies needed.

Caregiver Resources/MMAP Counselor:

Colleen Simpson from Senior Services will be here to offer caregiver support, education and training.

If you, or someone you know is responsible for the full time care of a loved one, please call 345-8556 to set up an appointment.



Father's Day Lunch:

Join us on Tuesday, June 12 at 11:45am for our annual Father's Day lunch. Always a great time with prizes, entertainment, and something special to take home for each person who comes. Please call 345-8556 by June 5 to sign up.

4th of July Lunch:

Join us on Tuesday, June 26 at 11:45am for our annual 4th of July lunch. Enjoy a great time including prizes and something to take home with you. Please call 345-8556 by June 19 to sign up.

Grandparent/Grandchild Day:

Join us on July 14 from 11:30am-3pm for a day of fun. Grandparents bring your grandchildren between the ages of 5-13 for food, games and prizes. Total cost for one grandparent and one grandchild is \$5 for the day. For each additional person there is a \$2 fee. Sign up by July 5th by calling 345-8556.

Memory Loss Prevention:

Alzheimer's Association is offering a presentation to anyone interested in learning more about Alzheimer's Disease. June 20 from 1-2pm. Please call 345-8556 to sign up. Free.

Creative Writing:

Learn to write about your life, your favorite vacation or any topic. Class is a 4 week series, July 6, 13, 20, & 27, 1:00-2:00 pm. Cost is \$25 including supplies. Call the Center to register at 345-8556.

Grief Support Group:

Kathy from Langeland's is here to lead the group. Fridays June 15, 22, 29, 2:00-3:30 pm. Please join us by calling Kathy at 343-1508 to sign up.

DATES TO REMEMBER

JUNE:

Tuesday, 5th, 8:15am Out to Breakfast @ Theo & Stacy's on Portage Rd.

Tuesday, 12th, 11:45am Father's Day lunch

Friday, 15th, 11am Mystery lunch

Wednesday, 20th, 1-2pm Memory Loss Prevention

Thursday, 21st, 11:45am Birthday lunch

Tuesday, 26th, 11:45am 4th of July lunch

Thursday, 28th, 1pm Bingo with Jym from the Laurels of Galesburg

JULY:

Tuesday, 3rd, 8:15am Out to Breakfast @ Niko's on King Highway

Thursday, 19th, 11:45am Birthday lunch

Friday, 20th, 11am Mystery lunch

Thursday, 26th, 1pm Bingo with Jym from the Laurels of Galesburg



6th ANNUAL COMSTOCK DAZE FAMILY FESTIVAL MARK YOUR CALENDAR!

Saturday, June 23, 2007

Robert Morris Park • 8415 East H Ave

10:00 AM - 10:00 PM

Free Admission • Free Parking



- Swimming
- Food
- Games
- Family Entertainment

- Classic Car Show
- Fishing Derby
- Arts & Crafts
- Live Music
- Fireworks



Sponsored by the Comstock Township Parks Department

Guide to Walking Levels:



Minimal walking such as lunch/dinner theatre packages.



Activities such as museums, estate tours, spectator sports, river cruises, walking short distances, up and down bus steps at several stops.



Walking which may include city tours, extended time on your feet such as shopping destinations, amusement parks, airports, outdoor sidewalks, stairs.

Trip Office Hours

Comstock Community Center Trip Office is open on Tuesday, Wednesday and Thursday, 8:00am 12:00pm. Individuals may sign up for trips, make deposits, or obtain information regarding upcoming trips. We have also implemented Visa or Master Card payment options for your convenience. Other days, you may leave a voice mail for Judith Dafoe, Travel Coordinator at: 345-8556, ext. 16.

PLEASE NOTE: Deposits

All trips require a deposit to hold your spot. Day trip deposits are \$30.00 and extended trips are \$70.00. Deposit amounts may vary on specialty trips. Your reservation will be held when your deposit is received.

Cancellations

Anyone canceling within 10 days of a trip will be charged the ticket price of the attraction, plus a \$10.00 cancellation fee for day trips or a \$20.00 fee for extended trips. Some specialty trips may have stricter penalties. You will be advised at the time of booking. Emergency cancellation circumstances will require a review by the Executive Director.

Mailed Payments

If you find it easier to mail in your registration for a trip, please provide the following information: name, address and phone number of each traveler, and which trip or trips you wish to take. Please

send a deposit for each trip for which you are registering. (Please do not send cash).

Mail payments to: Comstock Community Center
P.O. Box 34
Comstock, MI 49041

Health Issues

Individuals who sign up for trips must be physically able to participate in all activities associated with the excursion. *All participants will be required to complete a health information sheet prior to going on any trip.* These must be on file with Comstock Community Center at least two weeks prior to the planned trip. Comstock Community Center reserves the right to deny participation in activities because of health issues.

First, let me say that the mystery trip was a laugh and a half! We left the snow behind and drove south through Ft. Wayne touring the delicious chocolates at DeBrand's Chocolatier and enjoying a savory lunch at the Blu Tomato...Mmm!

We then found sunshine on a cloudy day in Indianapolis where we saw the musical, "Guys and Dolls" after a full buffet dinner. The next morning, we sped away to the Indy 500 Speedway and museum before heading back north through Anderson for a memorable lunch at Krokerheads and then touring the Seiberling Mansion in Kokomo. Whew! There was nothing wrong with us that a little ice cream wouldn't fix! We packed it in and laughed along with the Cat in the Hat, ate Green Eggs and Ham with Thing 1 & 2, and dreamed of all the places we would go next with Dr. Suess. Next mystery trip is planned for Nov. 1-2, 2007. More details later...pack your bags for fun!

Make, Bake, & Take in Shipshewana – June 14, 2007 \$88/\$98

Amble down a country path while you soak in the ambiance of days gone by... then work with your hands making a Jo Jo's pretzel to warm your tummy, construct a birdhouse to warm your yard, and then

help make an authentic Amish meal under the supervision of an Amish family. Brought to you by Down the Road Tours. A unique way to experience Shipshewana...hands on.

Carl Hurley's Cavalcade of Comedy -- July 30- August 1 \$399.

2 nights at the Drury Inn in Louisville, Kentucky, dinner aboard the Belle of Louisville Riverboat, tour of the Louisville Slugger Museum and Factory, tour of the Jim Beam Distillery, Kentucky Derby Museum and Churchill Downs, and a tour of Louisville Stoneware. Travel with Ed and Ted's Excellent Adventures to a southern style comedy with Corny Comedian Carl Hurley. Laugh yourself silly.

Australia and New Zealand tour – August 12- Sept. 1 – \$6399

Tour the land down under and visit both islands on the opposite side of our planet. 9 flights take you from Auckland to Waitomo, Rotorua, Queenstown, then onto Australia visiting Melbourne, Alice Springs, Ayers Rock, Cairns, and Sydney. Slides are available on CD for you to view at home if you call. Don't miss this once in a lifetime opportunity to see it all. G'day, mate~

Savannah – September 23-29, 2007 -- \$539/\$549

The bus is almost filled to capacity! This tour of "The Belle of Georgia" promises to stir Southern hospitality in us Yankees. After an up-close view of some beautiful homes, island hop to Jekyll Island and St. Simons to see how America's wealthy lived in days gone by. Also visit Beaufort, SC where many familiar settings from some of America's best-loved movies were filmed. If you signed up for this trip, it's time to place your \$75 deposit to hold your reservation. Join us for a week in the sunny South!





Mackinac Island Tour – October 15-19, 2007 - \$499 -

\$509

Ride the horse drawn carriage all around the island, tour Old Mackinac City, and see the Sioux Locks while surrounded by colorful autumn leaves. Enjoy 5 days of crunching through the fall foliage and step back in time in the Upper Peninsula.




Explore Northeastern Minnesota & Lake Superior Shores, August 13-18, 2007 - \$819 double occupancy

Come to the land that hides its culture and maritime secrets as we explore the North Star State/Land of 10,000 Lakes. Guided tour of Minneapolis, Mill City Museum, Cathedral of St. Paul, Scenic railroad excursion, Gooseberry Falls, Dinner Theatre, Dinner Cruise, 12 meals.  

Gateway to the West and Abe Too!, September 5-8, 2007 - \$499 double occupancy

Travel with us to St. Louis, St. Charles and Springfield where we will explore, in depths., these areas, the people, their customs and the history of the area that brings us to the present. Dine at the "Top of the Riverfront"; visit Missouri Botanical Garden, guided tour of St. Louis; Mississippi River Dinner cruise; Lincoln Museum; Tram to the top of the Gateway Arch and more. 8 meals.

Autumn at Birch Run & Frankenmuth – Saturday, September 15, 2007 - \$49

Arouse the shopper in you join us in our trip to the famous Birch Run Outlet stores (170 stores) and then to Frankenmuth – "Michigan's Little Bavaria". The tour promises fun for every member of your family.   

DO YOU NEED YARDWORK, PAINTING OR SMALL HOME REPAIRS DONE?

Are you a senior in the Comstock or Galesburg area who needs a home or yard task done that you can't do yourself and don't have someone to help you? If so, give the Comstock Community Center a call at 345-8556. We have volunteer crews from a local church and a job readiness program committed for various times in July to help with such projects.



THANK YOU TO ALL OUR TEXAS HOLD 'EM VOLUNTEERS

Thanks to all who helped make our four Texas Hold 'Em Poker Tournaments this year a success!

Without your help as dealers and floor helpers, we would not be able to conduct these fundraisers for the Comstock Community Center.



Sue Brodasky
Norma Davenport
Laurel Kern
Chris Krumrei
Jean Michel
Christian Staples

Joan Campbell
Alta Dekema
Rich Kilbourn
Nate Mann
Ron Smeltzer
Ann Marie Welton

ANNUAL VOLUNTEER RECOGNITION HELD AT COMSTOCK COMMUNITY CENTER

On Friday, April 27th, 65 volunteers enjoyed a special luncheon catered by C & M Catering and yummy cake from Bert's Bakery in appreciation of all they do at the Center! Everyone received a

beautiful pot of daisies courtesy of Westrate Greenhouses with additional door prizes provided by Countryview Showplace and Bert's Bakery.



Those attending included board members, food pantry workers, office volunteers, bell choir members, Christmas project volunteers, travel and special events committee members, tax preparers, maintenance and garden workers and other special project volunteers.

Volunteers at the Center contributed 10,205 hours of service in 2006--that's equal to approximately 5 full time staff people!! Thanks to all these committed and generous people the Center is able to provide a wide variety of programs and services to this community.

DO SOMETHING FUN AND HELP YOUR COMMUNITY TOO! :

- Assist with day camp activities for elementary aged children this summer as a **VOLUNTEEN COUNSELOR-IN TRAINING** at Camp Summerfun (minimum age 14)
- Help area seniors with yard work, flower planting or other small home projects by joining the **YARD GUARD** or the **FIX-IT CREW**
- Join our **BELL CHOIR**—you don't need to read music, a love of music is all that's needed
- Be the Center's **BUS DRIVER** on Thursdays—provide transportation to Center activities for seniors no longer able to drive

Contact Carolyn Kuester, 345-8556, Volunteer Coordinator at the Comstock Community Center, if you are interested and can help.

Parade of Homes



It is time again for the **Parade of Homes** tour. This year the parade will run from June 8-16. Comstock Community Center is hosting a home again this year. We are looking for volunteers that would be interested in participating in this event with us. Call Lorie at the Center at 345-8556 for further details.

Meals on Wheels Program

Senior Services, Inc needs volunteers to help deliver meals to seniors in our community. Call 382-0515 for more information!

REGULARLY SCHEDULED ACTIVITIES

The Adult Program offers a variety of programs and workshops throughout the year. If you are interested in receiving the newsletter, please call us at 345-8556. Hours are 8:30am to 4:30pm.

Out to Breakfast: Join us at 8:15am on the 1st Tuesday of each month for good food and conversation as we dine at area restaurants.

June 5: Theo & Stacy, Portage Rd.

July 3: Nikos, King Highway

August 7: Sunnyside, Galesburg

Bingo: Every Thursday at 1 pm (1:30 pm after special events unless otherwise noted). No fee. Bring a \$1.00 value non-perishable unopened food item in a paper sack. Please be sure to check the date on your items. Everyone is welcome!

Friendship Center Lunch Program: Enjoy a hot and healthy meal Tuesday- Thursday at 11:45am. Senior's cost is on a sliding fee scale, all others join us for a \$3.50 fee. *Call 345-8556 before noon one day in advance to reserve your spot.*

Monthly Birthday Party: Join us the 3rd Thursday each month at 11:45am to celebrate that month's birthdays with ice cream & cake, presents and festivities. *Celebrants must reserve one week in advance, and all others two days prior by calling 345-8556. June 21, July 19*



Classes

Classes with * are \$2 each or buy a punch card 10 for \$20 or 20 for \$38. Use the punches only for the classes you attend.)**

Exercise: Tuesday & Thursday at 10:30-11:30am taught by Jeannie Nichols. Light chair and light impact aerobics for everyone at all physical abilities. ***



Line Dancing: Wednesday's 9-10:30am taught by Shari Rarick.



Therapeutic Swim Class: Classes offered are "Easy Does It" at 10am and "Joints in Motion" at 11am. Both are Tuesday and Thursday. Cost is \$36 each. Contact Carol Williams at Borgess Health and Fitness with questions (269) 552-2348.



Bell Ringers Choir: Monday's 10-11am. Conducted by Phil Niece. All skill levels welcome to learn or grow. No fee.



Tai Chi: Monday's at 5:15pm. A relaxing form of martial arts that increases balance, strength, circulation and mental alertness. The Arthritis Foundation has certified instructor Ed Kehoe. Ed's oldest student is over 100 years old so no one has an excuse! Please call 345-8556. Fee is \$5 per class and is open to everyone.

	<p>Legal Assistance and Information: Gary Tibble, Attorney at Law. Call Comstock Community Center 345-8556 for free 15 minute appointments at the Center.</p>
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Mystery Lunches

A meal and unknown adventure! You never know where you are going, but you will have a darn good time doing it. Transportation is \$3 and meal cost is on your own. Menu will always have choices under \$10 unless otherwise specified. Lunches will be regularly on the 3rd Friday of each month. Sign up procedures: Reserve your seat starting on the first of each month and pay your transportation fee in advance. To allow for others to enjoy these lunches, please do not plan on reserving a seat for more than the current month's lunch and you can go as often as every other month.



Friday, June 15 (11am-3pm)

Friday, July 20 (11am-3pm)

Texas Hold'em Poker

Learn Texas Hold'em. On Tuesday's at 12:30pm (\$Free\$).



Foot Care Clinic

2nd Monday of the month. Advance appointments are required for a Registered Nurse to trim nails, buff calluses, massage feet and check for trouble spots. Fee: \$20 for each visit and bring a towel with you. Please call 345-8556 to make an appointment. June 11, July 9



Blood Pressure Clinic

2nd and 4th Monday from 12:30 - 1:30pm.





Center Point Community Calendar

SUN	MON	TUE	WED	THU	FRI	SAT
					1 7 AA Mtg 7:00 Kiwanas 7-8:30 Square Dancing	2 Doo- Dah Parade 8-10:30 Kalamazoo Sr Gold Wing Riders
3	4 7 AA mtg 10 Bell Choir 5 Tai Chi 6:30 Bell Choir Performance	5 7 AA mtg 7:30- 4:30 Operation Fix-It 8:15 Out to Breakfast 10:30 Exercise 11:45 Lunch 12:30 Poker 1-3 Food Pantry	6 7 AA mtg 9:00 Line Dancing 9 - 4 Community Outreach 11:45 Lunch 7 pm AA mtg	7 7 AA mtg 7:30- 4:30 Operation Fix-It 10:30 Exercise 11:45 Lunch 1:00 Bingo 1-3 Food Pantry 5:30 Tai Chi	8 7:00 AA mtg 7030 Kiwanas 9:00 Comstock United Way 7:00 Kiwanis	9
10	11 Camp Wk 1 7 AA mtg 9-4 Foot Clinic 10 Bell Choir 12:30-1:30 Blood Pressure 5 Tai Chi	12 7 AA mtg 10:30 Exercise 11:45 Father's Day Lunch 12:30 Poker 1-3 Food Pantry	13 7 AA mtg 9 Line Dancing 11:45 Lunch 5:30 OCC Board Mtg 7 AA mtg	14 7 AA mtg 10:30 Exercise 11:45 Lunch 1 Bingo 1-3 Food Pantry 5:30 Tai Chi	15 7AA mtg 7:00 Kiwanas 10 - 12 Pastel Painting 11:00 Mystery Lunch 2:30 Grief Support 3- 6 United Teen Talent	16 10-12 AGLOW
17 2- 4 4-H Horse Group	18 Camp Week 2 7 AA mtg 9-3 Commodities 10 Bell Choir 5 Tai Chi	19 7 AA mtg 10:30 Exercise 11:45 Lunch 12:30 Poker 1-3 Food Pantry	20 7 AA mtg Line Dancing 10 -4 CareGiver Resources 11:45 Lunch 1-2 Memory Loss AA Mtg 7:00 pm AA	21 7 AA mtg 10:30 Exercise 11:45am Birthday Lunch 1 Bingo 1-3 Food Pantry 5:30 Tai Chi	22 7 AA Mtg 7:00 Kiwanas 10- 12 Pastel Painting 2-2:30 Grief Support 7-9 Square Dancing	23
24	25 Camp Week 3 7 AA mtg 10 Bell Choir 12:30- 1:30 Blood Pressure 5 Tai Chi	26 7 AA Mtg 10:30 Exercise 11:45 4th of July Lunch 12:30 Poker 1-3 Food Pantry	27 7 AA Mtg 9: 00 Line Dancing 11:45 Lunch 7:00 pm AA mtg	28 7 AA Mtg 10:30 Exercise 11:45 Lunch 1:00 Bingo w/ Jym 1-3 Food Pantry 5:30 Tai Chi	29 7 AA mtg 7:00 Kiwanis 10-12 Pastel Painting 2-2:30 Grief Support	30 2nd Annual Bun Run

Center Point Community Calendar

SUN	MON	TUE	WED	THU	FRI	SAT
1	2 NO CAMP 7 AA mtg 10 Bell Choir 5 pm Tai Chi	3 7 AA mtg 8:15 Out to Breakfast 10:30 Exercise 11:45 Lunch 12:30 Poker 1-3 Food Pantry	4 Closed for Holiday 7 AA Mtg 7 pm AA Mtg Independence Day	5 7 AA Mtg 10:30 Exercise 11:45 Lunch 1 Bingo 1-3 Food Pantry 5:30 Tai Chi	6 7 AA mtg 7:00 Kiwanas 10-12 Pastel Painting 1-2 pm Creative Writing 7-8:30 Square Dancing	7
8	9 Camp Week 4 7 AA Mtg 9 - 4 Foot Clinic 10 Bell Choir 12:30 - 1:30 Blood Pressure 5 Tai Chi	10 7 AA mtg 10:30 Exercise 11:45 Lunch 12:30 Poker 1-3 Food Pantry	11 7 AA mtg 9 Line Dancing 11:45 Lunch 5:30 CCC Board Mtg 7 AA mtg	12 7 AA Mtg 10:30 Exercise 11:45 Lunch 1:00 Bingo 1-3 Food Pantry 5:30 Tai Chi	13 7 AA Mtg 7:00 Kiwanis 9:00 Comstock United Way 10-12 Pastel Painting 1-2 pm Creative Writing	14 11:30- 3:00 Grandparent/Grand-child Day
15 4-H Horse Group	16 Camp Week 5 7 AA mtg 10 Bell Choir 5 Tai Chi	17 7 AA mtg 10:30 Exercise 11:45 Lunch 12:30 Poker 1-3 Food Pantry	18 7 AA mtg 9:00 Line Dancing 9- 4 Caregiver Resources 11:45 Lunch 7 AA mtg	19 7 AA mtg 10:30 Exercise 11:45am Birthday Lunch 1 Bingo 1-3 Food Pantry 5:30 Tai Chi	20 7 AA mtg 7:00 Kiwanas 11 Mystery Lunch 1-2 pm Creative Writing	21 10-12 AGLOW
22	23 Camp Week 6 7 AA mtg 12:30 - 1:30 Blood Pressure 10 Bell Choir 5 Tai Chi	24 7 AA Mtg 10:30 Exercise 11:45 Lunch 12:30 Poker 1-3 Food Pantry 4-5:30 Girl Scouts	25 7AA Mtg 9 Line Dancing 11:45 Lunch 7 AA mtg	26 7 AA mtg 10:30 Exercise 11:45 Lunch 1 Bingo 1-3 Food Pantry 5:30 Tai Chi	27 7AA mtg 7:30 Kiwanas 1-2 pm Creative Writing 7-9 pm Square Dancing	28
29	30 Camp Week 7 7AA Mtg 10 Bell Choir 5 Tai Chi	31 7 AA mtg 10:30 Exercise 11:45 Lunch 12:30 Poker 1-3 Food Pantry				

Comstock Township Library
6130 King Highway
Comstock Michigan 49041
269-345-0136
www.comstocklibrary.org

Comstock Township Library Events June – August 2007

Events in the Young People's Department

June Events in the Library

June 4 – June 8 registration begins for the Summer Reading Program and the first weeks' crafts. Registration will continue until the first week in August.

June 11- June 16

Monday, June 11, from 10:30 – 11:15 is the drop-in story time session for ages 3-5. Join Miz Elaine and Miz Myla for stories, finger plays and fun. No registration is required. Tuesday, June 12, from 1:30 –2:30 is the paint a backpack session, which is repeated Wed. morning at

10:30 – 11:30 and again Thurs. from 1:30 – 2:30.

Registration is required for the craft class and begins the week of June 4. Children must be participating the CTL reading program to register. Our Wednesday main event is comedian Joel Tacey, at 1:30 on June 13. No registration is required. A special Teen and Tween time for ages 12 and up, and grades 4 & 5, will be held on Friday, June 15, from 1:30 to 2:30 pm. Anime artist Paul Sizer will present a special program on drawing for this age group. Registration is required and begins on June 4.

June 18 – June 22

Monday, June 18, from 10:30 – 11:15 is the drop-in story time session for ages 3-5. Join Miz Elaine and Miz Myla for stories, finger plays and fun. No registration is required. Tuesday, June 19, from 1:30 –2:30 is the paint a piggy bank session, which is repeated Wed. morning at 10:30 – 11:30 and again Thurs. from 1:30 – 2:30. Registration is required for the craft class and begins the week of June 11. Children must be participating the CTL reading program to register. Tween time for grades 4 & 5 will be Friday, June 22, from 1:30 to 2:30. We will be making locker mirrors and locker pockets. Registration is required and begins on June 11.

June 25-June 30

Monday, June 25, from 10:30 – 11:15 is the drop-in story time session for ages 3-5. Join Miz Elaine and Miz Myla for stories, finger plays and fun. No registration is required. A special Magic Workshop will be held on Tuesday, June 26, from 10:00 –10:45 for children ages 5-8 and 11:00 –11:45 for ages 9 and up. Magician Jeff Wawrzaszek will teach each group several simple tricks. Registration is required for the workshop and begins the week of June 18. Children must be participating the CTL reading program to register. Our Wednesday main event is a magic show by Magician Jeff Wawrzaszek, at 1:30 on June 27. No registration is required. Tween time for grades 4 & 5 will be Friday, June 29, from 1:30 to 2:30. We will be playing several Mario Brother games with either Xbox or PS2. Registration is required and begins on June 18

July 2 –July 7 (Please note the library will be closed on the 4th of July)

Monday, July 2, from 10:30 – 11:15 is the drop-in story time session for ages 3-5. Join Miz Elaine and Miz Myla for stories, finger plays and fun. No registration is required. Tuesday, July 3, from 10:30 – 11:30 and repeated at 1:30 –2:30, children can make a wind chime. The session is repeated Thursday from 1:30 – 2:30. Registration is required for the craft class and begins the



**Comstock
Co-operative
Preschool**

Parents and children learning together

The Comstock Cooperative Preschool offers a unique environment for your 3 or 4 year old to learn and grow. Parents actively participate in our half-day program, which is led by an established teacher whose patience and enthusiasm are unrivaled.

Comstock Co-op Preschool is located near Borgess Hospital, and is just a short drive from downtown Kalamazoo, Comstock, Parchment, or Richland.

Enroll for the current school year or plan a visit to prepare for Fall 2007. For more information, please call us or visit our web site.

342-5054
www.comstockpreschool.com



week of June 25. Children must be participating in the CTL reading program to register. Teen time for grades 6 and up will be Friday, July 6, from 1:30 to 2:30. We will be playing several Mario Brother games with either Xbox or PS2. Registration is required and begins on June 25.

July 9-July 14

Monday, July 9, from 10:30 – 11:15 is the drop-in story time session for ages 3-5. Join Miz Elaine and Miz Myla for stories, finger plays and fun. No registration is required. Tuesday, July 10, from 1:30 –2:30 is the painted rock craft session, which is repeated Wed. morning at 10:30 – 11:30 and again Thurs. from 1:30 – 2:30. Registration is required for the craft class and begins the week of July 2. Children must be participating the CTL reading program to register. Our Wednesday main event is Science Alive on July 11, from 1:30 to 2:15 and repeated from 2:30 – 3:15. Science Alive brings small animals and lets children get up close. Registration is required for each session and is limited to ages 5 and up. Registration begins on July 2. Join us on Friday, July 13, for a Harry Potter Party from 1:30 – 2:30. Registration is not required for this free event.

July 16-21

Monday, July 16, from 10:30 – 11:15 is the drop-in story time session for ages 3-5. Join Miz Elaine and Miz Myla for stories, finger plays and fun. No registration is required. Tuesday, July 17, from 1:30 –2:30 is the painted dinosaur craft, which is repeated Wed. morning at 10:30 – 11:30 and again Thurs. from 1:30 – 2:30. Registration is required for the craft class and begins the week of July 9. Children must be participating the CTL reading program to register. Thursday July 19 from 12-2pm is the WOTV4 park party at the Mayor's Riverfront Park. There are lots of give-aways and activities so plan to attend this free event. No tickets are needed. Miz Myla and her volunteens will be at the park party, so stop by and say hi. Teen time for grades 6 and up will be Friday, July 20, from 1:30 to 2:30. We will be making locker mirrors and locker pockets. Registration is required and begins on July 9th.

July 23 – July 28

Monday, July 23, from 10:30 – 11:15 is the drop-in story time session for ages 3-5. Join Miz Elaine and Miz Myla for stories, finger plays and fun. No registration is required. Tuesday, July 24, from 1:30 –2:30 is the decorate a candy house craft which is repeated Wed. morning at 10:30 – 11:30 and again Thurs. from 1:30 – 2:30. Registration is required for the craft class and begins the week of July 16. Children must be participating the CTL

reading program to register. Our Wednesday main event is Pippin Puppets from 1:30 to 2:15. No registration is required. The final Tween and Teen time for grades 4 and up will be Friday from 1:30 to 2:30. We will be playing several Mario Brother games with either Xbox or PS2. Registration is required and begins on July 16.

July 30 – August 4

Monday, July 30, from 10:30 – 11:15 is the drop-in story time session for ages 3-5. Join Miz Elaine and Miz Myla for stories, finger plays and fun. No registration is required. Tuesday, July 31, from 1:30 –2:30 is the paint a bean bag creature craft, which is repeated Wed. morning at 10:30 – 11:30 and again Thurs. from 1:30 – 2:30. Registration is required for the craft class and begins the week of July 23. Children must be participating the CTL reading program to register.

August 6-August 12

This week begins the final week for reporting and activities. All book reports must be in by 3:30 pm on Saturday August 11. Monday, Aug 6, from 10:30 – 11:15 will be the last drop-in story time session for the summer. Join Miz Elaine and Miz Myla for stories, finger plays and fun. No registration is required. Tuesday, August 7, from 1:30 –2:30 is the paint a box craft, which is repeated Wed. morning at 10:30 – 11:30 and again Thurs. from 1:30 – 2:30. Children will be using glass paint do decorate a clear plastic “stained glass” box. Registration is required for the craft class and begins the week of July 30. Children must be participating the CTL reading program to register. Our Wednesday main event is Kalamazoo Nature Center presenting the “Scoop on Poop” from 1:30 to 2:15 No registration is required.

Wednesday August 15, from 1:30 – 3:30, is our Summer Reading Party. Rain or shine, we will have activities for children of all ages. Sunny weather permitting we will have an inflatable slide, inflatable maze and inflatable obstacle course. Inside activities include a ball toss, bouncers for younger children, face painting and more. Children who have read this summer may pick up the tickets they have earned when the party starts at 1:30 and use them for the activities or redeem them in the “prize room” for surplus reading prizes. Tickets will be available for 25 cents for those who did not participate in the reading program or need extra tickets. This is a fun party, so save the date!

**THE COMSTOCK COMMUNITY CENTER CORDIALLY
INVITES YOU TO THE PREMIER PERFORMANCE
OF OUR JUNIOR AND SENIOR BELL
& CHIME CHOIR**

When: Monday, June 4, 2007

Time: 6:30 PM

Location: Comstock Community
Center Dining Room



6330 King Highway
Kalamazoo, MI 49048



Light Refreshments following the performance.

Operation Fix-It Mobile Spay/Neutering Program
At the
Comstock Community Center
Tuesday August 22 & Thursday August 24



The Kalamazoo Humane Society operates a 30' mobile spay/neuter clinic in an effort to reduce pet overpopulation in Kalamazoo County. The goal of the program is to spay or neuter pets that would have remained unaltered due to the limited financial resources of their owners.



Operation Fix-It offers assistance with spay/neutering the pets of low-income individuals/families at a reduced fee of \$20 for male cats, \$30 for female cats \$40 for male and female dogs. Operation Fix-It days are held on Tuesdays and Thursdays each week at various locations in Kalamazoo County. If you think you may qualify for the program, or want further information, please call 345-1181 the KHS Operation Fix-It Program Coordinator.

Where Are Your Children Going to Spend Their Summer Vacation?

(Ages 2 _ to 5 _ year olds)

How about right here at the Comstock Community Center! Our state licensed Kids Korner program offers a great summer camp opportunity for children ages 2 _ to 6 years old (toilet trained). Each week has a different theme and we have plenty to do and see. Part of our weekly routine includes swimming lessons at the YMCA and story hours at the Comstock Library. This summer we will be visiting the Binder Park Zoo, the Kalamazoo Nature Center, the Grand Rapids and Albion Children's Museums, going on picnics, and many other fantastic places!

You may register for full or half days, 3 or 5 days a week, and you can choose which weeks your child will attend, it's that easy! Kids Korner accepts Department of Human Services payments and we also offer financial assistance to qualifying families. Call 345-7243 today for more information and rates. You can also visit the Comstock Community Center website to see our summer schedule. Registration is going on now!

Julianna's
RESTAURANT

Breakfast • Lunch

2105 Lake Street
Kalamazoo

Open: Mon.-Fri. • 5:30am-2:00pm

Saturday • 6:00am-2pm

Sunday • 7:00am-2pm

345-0220

2007 Camp Summer Fun

10 Weeks June 11 through August 24. Closed week of 4th of July.

WHO: If your child is between 6 and 12 years of age (entering first through fifth grade) Camp Summer Fun is where they want to be!

WHAT: Join us for 10 weeks of activities, fun in the sun, swimming, and field trips every week. Camp runs from 9AM to 3PM with before and after care available at an additional cost.

COST: Camp Summer Fun costs \$80 a week per child and includes field trips. Before and After care is extra and the cost depends on your individual needs. The most you will pay is \$25 a week for everyday before and after camp. Advance registration is required so don't hesitate.

Week 1

June 11-15

Welcome to Camp

Week 2

June 18-22

Around the World in Five Days

Week 3

June 25-29

Hitchhiker's Guide

Week 4

July 9-13

Holiday Week

Week 5

July 16-20

No "I" in Team

Week 6

July 23-27

Safari Week

Week 7

July 30-August 3

Hollywood Week

Week 8

Aug 6-10

Wacky Kids Week

Week 9

Aug 13-17

Unsolved Mysteries Week

Week 10

Aug 20-24

Summer Fun Olympics

Knott's Landing Senior Living -24 Hour Excellent Care-

State Licensed

Family Owned & Operated

Beautiful Family Setting

Let our family care for your loved ones.

1350 N. 33rd Street, Galesburg, MI 49053

For more information please call:

269-665-9580 or 269-665-6655

email: Info@knottslanding.biz

website: www.knottslanding.biz

Information and Referral Services

Need Help? Not sure where to turn? The Comstock Community Center is a source of information and services available throughout the County, from emergency assistance or health care services, to child care, youth programs, counseling and other human services. Call 345-8556 for information and referrals.

Federal Commodities Food Distribution

The Kalamazoo County Community Action Bureau offers a variety of Federal foods every other month at the Comstock Community Center. Applicants who financially qualify can sign up on the next distribution day, between the hours of 9:00 a.m. and 3:00 p.m. or on Tuesday at the Comstock Community Center. **Applicants should bring current proof of income, proof of local residency, proof of family size, and Social Security numbers for all household members.** The Federal Food Program generally offers items from all food groups.

NEXT COMMODITIES DISTRIBUTION

Monday, June 18 from 9:00 a.m.- 3:00 p.m.

ELIGIBILITY GUIDELINES

Under 60 Years Of Age

Based on 130 percent of Federal Poverty Income Guidelines

Household Size	Annual	Monthly	Weekly
1	\$12,740	\$1,062	\$245
2	17,160	1,430	330
3	21,580	1,799	415

For each additional family member add:

4,420	369	85
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60 Years Of Age And Older

Household Size	Annual	Monthly	Weekly
1	\$15,680	\$1,307	\$302
2	\$21,120	\$1,760	\$407

Immunization Clinics

Children from **two months to 18 years** of age can receive immunizations at Comstock Community Center. Bring immunization record. Fees based on ability to pay. 4th Tuesday of each month. Call **373-5203** for information.

Well Child Clinics

Children from **birth through 18 years of age, without Healthy Kids or MICHild**, who live in Kalamazoo County, and whose family meets eligibility requirements, may come to the **Well Child Clinic**. Complete head-to-toe physicals are done **free of charge** at Comstock Community Center. **Please Call 373-5100 to schedule an appointment.**

Vision and Hearing Screening

appointments can be made by calling **373-5031**.

MICHild/Healthy Kids Health Insurance for Children

is for families who are at or below 200% of poverty (family of 4 with annual income of \$32,900 or below would qualify & whose children are under the age of 19. Cost \$5 per family per month. For applications & information, call **373-5064**. Spanish speaking assistance available.

Assistance Service

Human Service Specialist, Patsy Burnett, (Outreach Worker) housed at the Comstock Community Center on Tuesdays. She is available to take your calls/walk-ins on most Tuesdays from 9:00 – 12:30 p.m.

Able to assist with:

- Ongoing and Emergency Assistance
- Education and Head Start Enrollment
- Home Weatherization Programs
- Home Owners Rehabilitation Services
- Employment and Training Referrals
- Commodities Distribution

Please call **373-5066** for information or for an appointment.

Head Start Enrollment

Kalamazoo County Head Start/School Readiness program offers no-cost pre-school for three and four year olds from low-income families. Services offered include transportation (in most areas), meals, programming for special-needs children and more. Call 373-5066 for more information for an application.

COMMUNITY MEETINGS

Meetings held in the Board Room of the Township Hall:

Township Board - 1st & 3rd Monday - 7:00pm
Planning Commission - 2nd & 4th Thursday-7:30pm
(November & December only-1st & 3rd Thursday)
Zoning Board of Appeals - 4th Tuesday - 4:00pm

Meeting held in Heritage Room of the Library:

Library Board - 2nd Monday - 7:00pm

Meeting held in Local History Room of the Library:

Comstock Trailway Team - 2nd Wednesday - 7:00 p.m.
(Contact Lawrence Renuart at 382-6448 for information.)

Meeting held in the Township Meeting Room:

Parks & Recreation Commission - 2nd Wednesday - 7:00pm

Meetings held at the Comstock Community Center:

Comstock Community Center Board - 2nd Wednesday 5:30pm
Boy Scouts Troop #221 - Mondays - 7:00pm
Boy Scouts Troop #221 Comte. Mtg- 3rd Tues. - 6:30pm
*Girl Scout Troop #495 - Tues. 4:00 - 5:30pm
AGLOW - 3rd Saturday 10:00am-noon
County Center 4-H Club - 1st Thursday 7:00p.m.
4-H Horse Group - 3rd Sunday 2:00 PM
AA Meetings - Monday-Friday 7:00-8:00a.m.
AA Meetings - Wednesday 7:00 p.m.
** Boy Scouts, Girl Scouts and 4-H do not meet in June, July and August

STAY CONNECTED WITH THE COMMUNITY

Comstock Community Center
6330 King Hwy., P.O. Box 34, Comstock, MI 49041
Phone 269-345-8556 Fax 269-345-9486

Mary T. Gustas, Executive Director
execdir@comstockcc.com

Comstock Township Offices
6138 King Hwy., P.O. Box 449, Comstock, MI 49041
Phone 269-381-2360 Fax 269-381-4328

Tim Hudson, Supervisor
www.comstockmi.com

Chad Meints, Treasurer
cmeints@comstockmi.com
Anna Scott-Goodsell, Clerk
agoodsell@comstockmi.com

Comstock Township Library
6130 King Hwy, P.O. 25, Comstock, MI 49041
Phone 269-345-0136 Fax 269-345-0138

Meg King-Sloan, Director
http://www.comstocktownshiplib.org

Comstock Township Parks & Recreation Commission
269-343-8212

HELPFUL INFORMATION WHOM TO CALL

Who to Contact:

Comstock Township Office
381-2360
Monday through Friday
8am-5pm

Robert Morris Park -
343-8212

Central Fire Station 345-2113

North Fire Station 349-5282

East Fire Station 381-0804

Compactor & Recycling Station Information 381-2360

- April 1 - November 30
Tues. & Thurs. 11am-6pm -
Sat. 8am-4pm
- December 1 - March 31
Tues. & Thurs. 11am-4pm -
Sat. 8am-4pm

(Covered loads are required when entering the station.)

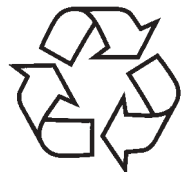
Comstock Township Library 345-0136

- Spring/Summer Hours
Mon.-Thurs. 10am-8pm; Fri. 10am-6pm;
Sat. 10am-4pm
- Fall/Winter Hours beginning day after Labor Day
Mon.-Thurs 10am-9pm;
Fri. 10am-6pm; Sat.10am-4pm

Comstock Community Center 345-8556

- Monday through Friday 8:30 am - 4:30 pm

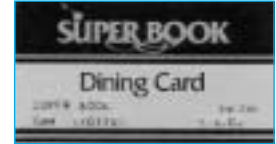
Comstock Community Auditorium 388-9381





LAST CHANCE TO BUY YOUR SUPER BOOKS FOR YOUR SUMMER ACTIVITIES



Summer is here and kids are out of school. Now is the time to buy a Super Book. There are lots of activity and food coupons that can help you reduce the cost to keep your kids active. If you are a golfer there are over 24 different golf coupons in this book. The Super Books are still available at the Comstock Community Center. The books are \$39.00. Tell your friends and neighbors to get their books now. Most of the coupons expire in March 2008 allowing you 10 months of savings.



Very last day to purchase is June 29th. Proceeds from the sale of the books will go to support various programs at the Comstock Community Center. Thanks in advance for your support.

The Comstock Community Center accepts   for payment of the super books!

Comstock Community Center
P.O. Box 34
Comstock, MI 49041

PRSR STD
U.S. POSTAGE
PAID
PERMIT NO. 1
COMSTOCK, MI 49041

(269) 345-8556
www.comstockccc.com



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